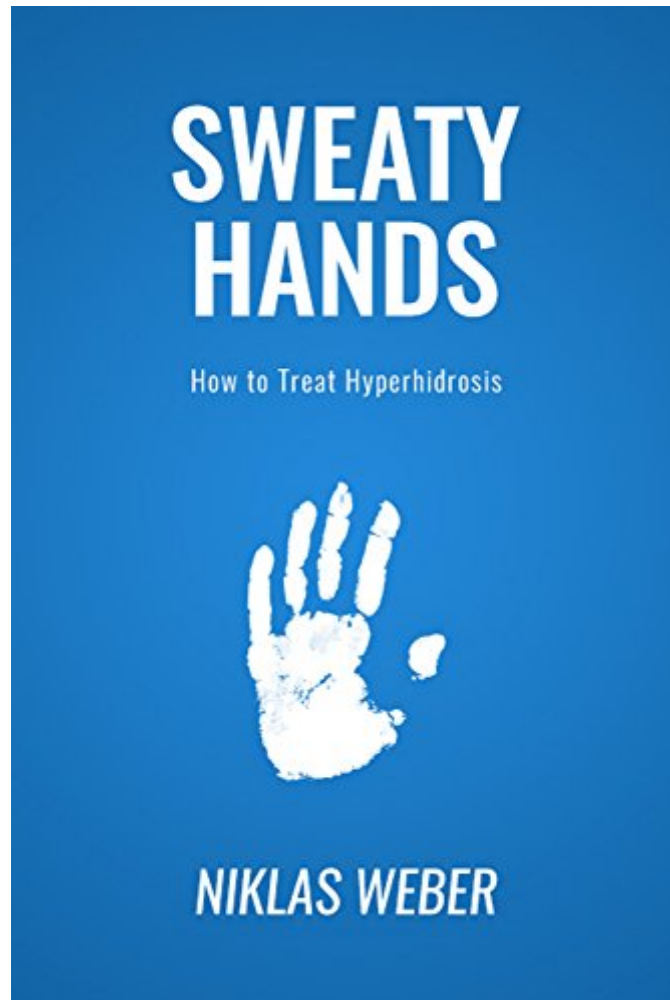




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Sweaty Hands: How To Treat Hyperhidrosis



Synopsis

Sweaty hands can be annoying!Hyperhidrosis is a medical condition that causes excessive sweating on the hands and feet. It is a chronic condition that affects millions of people worldwide. It is not just a cosmetic issue, but it can also cause social and professional embarrassment. If you suffer from this condition, you may find it difficult to shake hands, hold objects, or even perform simple tasks. It can also lead to skin problems, such as blisters and infections. However, there are many ways to manage this condition, and you don't have to live in fear or shame from excessive sweating anymore! This book provides over 10 proven treatments to cure this bothersome ailment! In this book you will learn: What exactly Hyperhidrosis is What makes you susceptible to Hyperhidrosis What are the triggers that cause the condition Traditional treatments available, and side effects Alternative methods I have tried, and that can work for you too. This book is a comprehensive guide to understanding and managing Hyperhidrosis. It covers everything from the basics of the condition to the latest treatments and lifestyle changes that can help you live a more comfortable life. You will learn about the different types of Hyperhidrosis, the symptoms you can expect, and the various treatments available, both medical and natural. The book also includes a chapter on the psychological impact of the condition and how to deal with it. This is a must-read for anyone who suffers from Hyperhidrosis or knows someone who does. It's time to take control of your condition and live your life without the constant worry of excessive sweating.

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mÃ•Ã• rÃ•Ã• Ã•Ã• ffÃ•Ã• Ã•Ã•tÃ•Ã• “vÃ•Ã• you will be Ã•Ã• “n Ã•Ã• çtÃ•Ã• Ã•Ã• ã•Ã• ã•Ã• “ng it. About
the AuthorHi! I am Niklas and I’m a 25-year-old German/American who is currently finishing his
degree in Economics at the FU Berlin. I am very passionate about reading, running working out,
traveling and trying out new things, the odder the better. Ever since I can remember, my hands have
sweat profusely. That made my time at school quite a struggle, as my friends were not too keen on
touching hands with me, let’s not even start with girls. I was never bullied or felt left out, but I was
not treated like all the rest of the kids. When I moved on to university and had to start relating again
with people, that’s when I decided I had to find a solution to my hyperhidrosis. I started studying a
lot about the subject and consulting with different doctors. This book is a compilation of what I have
discovered and what has worked for me over the past 3 years. This with the intention that if you
suffer from the same ailment I suffer, you can inform yourself and take action about different ways to
control your sweaty hands.

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Customer Reviews

I felt a lot better after reading this, I will definitely follow the instructions and hope for the best.

Thanks to the author.

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